Shira CBD is formulated with full spectrum cannabidiol and other high quality ingredients including Tumeric Gold, Chamomile, Cucumber and other fruits and botanical ingredients.

The human body has a network of receptors known as the endocannabinod system. When CBD topicals are applied and absorbed in the skin, the local endocannabinod are activated, allowing the hemp to help maintain healthy skin functions. The full-spectrum hemp combined with the other active ingredients can help with certain skin conditions and soreness of inflammation.







www.fernandas.com 5080 Timberlea Blvd. Unit 37-39 Mississauga, ON L4W 4M2 Tel: 1-800-862-1447



TLC Lip Balm + CBD

Soothe dry & cracked lips with the healing powers of Full Spectrum CBD Oil. Moisturizing butters provide long lasting hydration.

Pure Glow CBD Oil

A combination of fruit antioxidants & high-quality CBD oil help repair skin that has been exposed to free radical damage. Provides overall relief for tired, dull & dry-looking skin.



Stem Cell Concentrate Serum + CBD

Shira's Stem Cell Concentrate Serum + CBD is a powerful formulation of apple stem cells, AHA's, antioxidants and CBD. Apple Stem Cells are known to repair evidence of free radical damage that lead to signs of aging. This combination of ingredients repairs damaged skin cells to rejuvenate the skin.

Max CBD Pain Relief Balm



Our balm blends the power of CBD with soothing botanicals to help combat muscle & joint pain. Hydrating ingredients relieve dry & flaky skin.

Peptide Hand & Foot Repair Cream + CBD

Give your body a well-deserved nourishing treatment with our luxurious nourishing hand and foot cream. Keratin & Shea Butter help lock in moisture while Peptides work to firm & help improve skin elasticity, leaving skin feeling healthy, rejuvenated & soft. CBD can help to relieve rough, dry skin



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Mineral Repair Body Lotion + CBD

Shira's Mineral Repair Body Lotion + CBD utilizes highly effective minerals from the Dead Sea, Vitamin E, and CBD to help restore your body's natural glow. Minerals have a positive therapeutic effect on the skin that helps reduce inflammation, while CBD can help to relieve rough dry skin and minor irritation.

Age Control Stem Cell Moisturizer + CBD



Repair & hydrate your skin with this nourishing moisturizer that also can help to reverse signs of aging. CBD helps heal & brighten skin and corrects UV damage. Apple stem cells work to promote cell regeneration & increase skin's vitality for health, younger-looking skin.

Vitamin C Skin Perfecter + CBD

Shira's Vitamin C Skin Perfecter +CBD is formulated with Vitamin C, Alpha Hydroxy Acids, botanical extracts and CBD. These ingredients work together to stimulate collagen production deep into the dermal layers of the skin. Skin may also appear brighter, smooth & more firm



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Turmeric Renewal Mask + CBD

This mask contains high levels of antioxidants, phytonutrients and adaptogens to brighten, calm and hydrate skin. Tumeric Root is known to be beneficial in helping to reduce redness, acne scarring and preventing breakouts. Curcumin, an active ingredient found in Tumeric, is an anti-oxidant and natural lightening agent, helping to regenerate new skin cells. Honey also has anti-oxidant and moisturizing benefits of the skin.

Gold Glow 24K Mask + CBD

Shira's Gold Glow 24K Mask+CBD is formulated with Gold, botanical antioxidants and CBD. Gold is known to stimulate collagen in the deeper layer of the skin which will help reveal younger, more youthful and radiant skin. CBD and the botanical antioxidants also fight and repair signs of aging.



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Herbal Nourishing Moisturizer + CBD

Naturally occurring antioxidants, including Omega 3 and Omega 6, stimulate the production of collagen which helps keep your skin hydrated & healthy! Herbal ingredients help to balance oil and moisture levels in the skin. This moisturizer replenishes the skin's moisture barrier for all day hydration!